

# Bakery & Baked Goods

Subcategory

## Articles

- [Low Carb Carrot Cake Muffin \(V\) B1](#)

Inspired by an afternoon tea favorite, our carrot cake muffin is full of nourishing ingredients including apples, dates and carrot to keep you full al...

- [Low Carb Bacon, Spinach & Fetta Protein Muffin B1](#)

Our delicious low carb, Bacon, Spinach & Fetta Protein Muffin has less than 1/4 carbs of a regular muffin yet still high in protein. Perfect as a savo...

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