

Low Carb Double Choc Muffin (V) B1

Canonical:

<https://directory.benefitfood.com.au/food-beverages/health-nutrition-snacks/low-carb-double-choc-muffin-v-b1/>

Description:

Indulge in a guilt-free treat with our delicious Double Choc Muffin! Made with no added sugar and free from artificial colours, flavours, and sweeteners, this muffin is a perfect balance of taste and nutrition. Packed with 15g of protein per serve and a good source of dietary fibre, it's a wholesome breakfast or snack that satisfies your chocolate cravings while supporting your health goals. Enjoy half a muffin for a mid-day snack, or a full muffin for a breakfast on-the-go. Excellent source of dietary fibre Good source of protein Contains no added sugar or artificial sweetener Gluten Free Heating instructionsMicrowave: Remove plastic wrapping. From frozen heat for 60-90 seconds. From thawed, eat cold or heat for 30 seconds. Cooking times are a guide and may vary depending on appliance. Storage Keep frozen. Once defrosted, keep refrigerated and consume within 3 days. Nutrition Ingredients: Water, Egg White, Vegetables (14%) (Zucchini, Pumpkin), Nuts & Seeds (12%) (Almond, Sunflower Seed, Chia Seed), Light Greek Yoghurt (Milk), Sugar Free Dark Choc Compound (10%) [Cocoa Butter, Cocoa Liquor, Sweetener (965), Emulsifier (Soy), Natural Vanilla Flavour], Light Milk, Whey Protein Isolate (Milk), Cocoa Powder (5%), Natural Sweeteners (Erythritol, Monkfruit), Coconut Flour, Psyllium Husk, Natural Flavour, Acacia Fibre, Raising Agents (Sodium Bicarbonate, Mineral Salt), Sea Salt. CONTAINS: MILK, EGG, ALMOND SOY MAY CONTAIN: PEANUT, SESAME, SULPHITES, TREE NUTS (CASHEWS, HAZELNUT, MACADAMIA, PINE NUT, WALNUT), WHEAT Storage Instructions: Store at/Below -18 degrees Celsius. Do not refreeze once thawed. Consume within 3 days of defrosting. May contain pips or shell fragments.