

Thai Green Chicken Curry (GF) MB3

Description:

A Be Fit Food twist on the Thai favourite, our Thai Green Chicken Curry is a creamy and fragrant dish thanks to the addition of coconut milk, green curry paste, coriander, ginger, lemongrass and kaffir lime paired with nutrition-packed veggies including broccoli, eggplant, zucchini and peas. Excellent source of dietary fibre High in protein Low in sodium Contains 4-12 different vegetables Low in saturated fat Contains no artificial colours and flavours Heating & Storage Instructions Nutrition INGREDIENTS: Chicken (31%), Broccoli, Light Milk, Spinach, Brown Rice, Onion, Coconut Milk, Zucchini, Eggplant, Green Peas, Diced Tomato, Green Curry Paste (1%), Gluten Free Soy Sauce, Fresh Coriander, Garlic, Lemongrass, Ginger, Kaffir Lime, Chilli, Corn Starch. Contains: Crustacea, Milk, Soybeans May Contain: Fish, Sesame Seeds, Peanuts, Tree Nuts, Egg, Lupin