

# Protein + Bolognese (GF) MB3

Canonical:

<https://directory.benefitfood.com.au/food-beverages/ready-meals-prepared-foods/protein-bolognese-gf-mb3-p1/>

## Description:

With our Protein + Bolognese, you will power through your next workout and recover with ease. Using a specifically selected high protein (Gluten Free) pasta, this recipe is packed with vegetables and has less than half the calories of a conventional pasta dish. Enjoy this classic, and still achieve your health goals. Gluten free Good source of protein Good source of dietary fibre Contains 6 different vegetables Contains grass-fed beef Heating & Storage Instructions Nutrition Ingredients: Beef Mince (21%), Diced Tomato (Tomato, Citric Acid), Broccoli, Gluten Free Pasta Penne (10%) (Maize Starch, Soy Flour, Potato Starch, Rice Starch), Zucchini, Carrot, Onion, Tomato Paste, Parmesan Cheese, Olive Oil, Beef Stock, Garlic, Pink Salt, Mixed Herbs, Dried Basil, Pepper, Corn Starch. Allergens: Milk, Soybeans May Contain: Fish, Crustacea, Sesame Seeds, Peanuts, Tree Nuts, Egg, Lupin