

# Spicy Mexican Pulled Beef (GF) MP4

Canonical:

<https://directory.benefitfood.com.au/food-beverages/ready-meals-prepared-foods/spicy-mexican-pulled-beef-gf-mp4/>

## Description:

Tender slow cooked beef with added spices and served with a fresh Mexican style salad and a dollop of salsa inspired sauce. We use premium lean beef to give you a clean, high protein version of a traditional slow cooked meat dish and pair it with a fresh crunchy salad to keep you light and energized. Gluten free Good source of protein (27g per serve) Excellent source of dietary fibre Low in sodium Low in saturated fat Contains grass-fed beef Chilli rating: 2 Heating & Storage Instructions Nutrition  
Ingredients: Beef (25%), Diced Tomato (Tomato, Citric Acid), Red Capsicum, Green Capsicum, Carrot, Corn Kernels, Red Kidney Beans, Black Beans, Tomato Paste, Coriander, Onion, Gluten Free Soy Sauce, Garlic, Olive Oil, Chicken Stock, Paprika, Cumin, Pepper, Oregano, Corn Starch, Chilli Powder.  
Allergens: Soybeans May Contain: Fish, Milk, Crustacea, Tree Nuts, Sesame Seeds, Peanuts, Egg, Lupin