

myDNA Genetic Testing Kit

Description:

Have you ever wondered why the diet and lifestyle that works for your friend just doesn't work for you? Genetic testing with myDNA helps you understand what makes you different. By simply taking a cheek sample with the swab included in your kit, and posting it to Australian-owned myDNA's lab, you will receive the exact insights you need to make lifelong changes to your health and wellbeing, right down to the best Be Fit Food meals for your program! To receive your personalised insights from this team of leading experts in clinical and molecular genetics, you will be asked to download the myDNA app. The app will unlock 14+ DNA insights covering fat burning, weight regain, injury prevention, caffeine & sleep and more. Try now and unlock the power of your personal DNA.